

# Confidence in Cycling

## Basic Bike Commuting & Safety

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1. Safety- Basic concepts
  2. Other Resources

# Causes of car-bike crashes

| Who is at fault?       | Action                                  | %          |
|------------------------|---|------------|
| Bicyclist              | Wrong-way riding                        | 14%        |
|                        | Left turn from right side of road       | 11%        |
|                        | Failure to yield from driveway          | 9%         |
|                        | Running a stop sign or signal           | 8%         |
|                        | Swerving in front of a car              | 5%         |
| <b>Total Bicyclist</b> |   | <b>47%</b> |
| Motorist               | Left Hook                               | 13%        |
|                        | Right Hook                              | 11%        |
|                        | Running a stop sign or signal           | 8%         |
|                        | Opening a car door into path of cyclist | 7%         |
|                        | Failure to yield from driveway          | 6%         |
|                        | Did not see cyclist                     | 3%         |
| <b>Total Motorist</b>  |   | <b>48%</b> |
| Undetermined           |   | 5%         |

# Vehicular Cycling

**“Cyclists fare best when they act as  
and are treated as drivers of  
vehicles.”**

John Forester

# Vehicular Cycling

Bicycles are legally classified as vehicles when they are on the road, therefore, bicyclists have **all the rights** and **all the responsibilities** given to any motorized vehicle.

# Ideas to Live By

- \* Be Visible
- \* Be Predictable
- \* Follow the Rules of the Road

# Resources

- \* WashCo BTC Education Clinics ([www.washcobtc.org/education](http://www.washcobtc.org/education))
  - \* Community Bicycle Center- 137 NE 3<sup>rd</sup>, Hillsboro.
  - \* **Confidence in Traffic Class- May 17<sup>th</sup> at Willow Creek PCC, Beaverton Registration closes May 10. Cost, \$25**
- \* League of American Bicyclists ([www.bikeleague.org](http://www.bikeleague.org))
- \* Various bike maps- for Portland, Wash. Co., Beaverton, Tigard, etc., many available online. Also there are some bike specific trip planners.
- \* TriMet trip planner (<http://rtp.trimet.org/#/>) or Google Maps
- \* Orenco Station Cyclery (1080 NE Orenco Station Parkway) near the Westside Medical Center
- \* Bike and Hike Stores- Portland, Beaverton, Hillsboro, Milwaukie